

FREE Dental Education Materials



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Order Form

To receive these FREE Dental Education Materials, please complete the order form below. You may make copies of this order form if needed. Please fax or mail your order to the address below. **For online ordering see www.hhs.ne.gov/dental.**

Office Name: _____

Contact Person: _____

Address: _____

City / Zip: _____

County: _____ Phone: _____

| | Item | Quantity |
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| 1. | _____ | _____ |
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Office of Oral Health and Dentistry
Nebraska Department of Health and Human Services
Regulation and Licensure
301 Centennial Mall South
P.O. Box 95007
Lincoln, NE 68509-5007
Phone: (402) 471-1077 Fax: (402) 471-0383

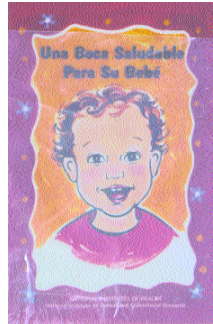
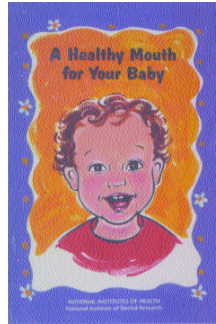
Dental Factoids

- Brush your teeth twice a day with fluoride toothpaste.
- Clean between teeth daily with floss or an interdental cleaner.
- Eat a balanced diet and limit between-meal snacks.
- Visit your dentist regularly for professional cleanings and oral exams.
- Ask your dentist about dental sealants, a protective plastic coating that can be applied to the chewing surfaces of the back teeth where decay often starts.

Source: American Dental Association www.ada.org

Early Childhood Caries

- A Healthy Mouth for Your Baby: This National Institute of Health brochure is available in English and Spanish.



- Baby Bottle bookmarks: (8" x 2 1/2 ") This bilingual bottle-shaped bookmark has important oral health tips for parents of young children.

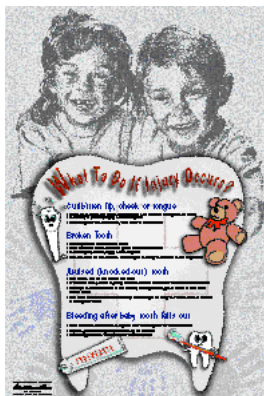


Early Childhood Caries

- **Baby's Bib:** This terry cloth bib has important reminders for parents about baby's oral health. Limit 3 per order.



- **First Aid Posters:** (11" x 17") This revised poster is now bilingual (English/Spanish) and has first aid instructions for dental emergencies.



Fluoride

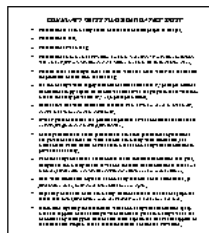
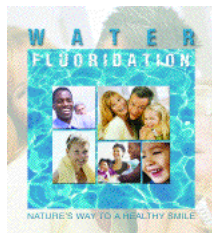
- Bookmarks: (2" x 6 1/2") Nature's Way water fluoridation bookmarks are great handouts for kids and adults.



- Brush Up on Healthy Teeth Guide: (8 1/2" x 11") The Centers for Disease Control and Prevention (CDC) developed this bilingual (English/Spanish) fact sheet about pediatric oral health.

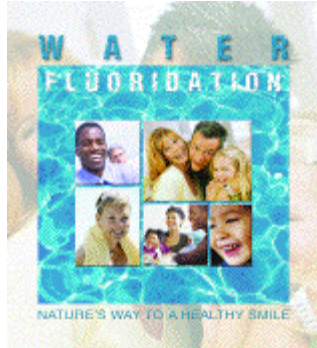


- Fact sheet: (8 1/2" x 9 1/2") Nature's Way theme artwork on one side and facts about community water fluoridation on the other side.



Fluoride

- Posters: (22" x 24") Large Nature's Way posters ideal for bulletin boards and classrooms.



- Smile Fans: One side of this fan depicts a healthy smile and the other side, a smile that's not so healthy. Great for health fairs.

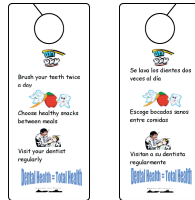


- Stickers: Nature's Way Stickers are 3" in diameter.



Oral Health Care

- **Door Hanger:** This 3 1/2" x 8" door hanger is bilingual (English/Spanish) and reminds kids and parents of the three most important steps to keeping a healthy mouth.



- **Public Dental Clinic Brochures:** This pamphlet has Nebraska clinic information: address, phone number, hours of operation and eligibility requirements.



- **Tooth brushing and Flossing Guides:** These bilingual guides have text and pictures to demonstrate the correct methods for cleaning your teeth. (8 1/2 x 11)

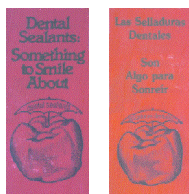


Sealants

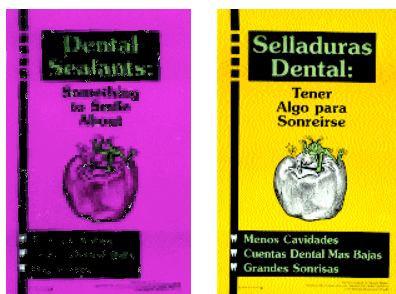
- **Bookmarks:** (2" x 6 1/2") This bookmark is available in both English and Spanish. Seal in Smiles, Seal out Cavities.



- **Brochures:** (3 1/2" x 8 1/2") This brochure explains what dental sealants are and how they are applied to children's teeth.



- **Posters:** (18" x 24") This poster is available in English and Spanish. Something to Smile About.



- **Stickers:** These bright colored stickers are 2 1/4" in diameter, available in English, Spanish and Vietnamese. Seal in Smiles, Seal out Cavities.



Dental Web Sites

American Association of Pediatrics -
www.aap.org/commpeps/dochs/oralhealth/

American Academy of Pediatric Dentistry -
www.aapd.org

American Association of Public Health Dentistry -
www.aaphd.org

American Dental Association -
www.ada.org

American Dental Hygiene Association -
www.adha.org

National Institute of Dental and Craniofacial Research -
[www.nidcr.nih.gov\](http://www.nidcr.nih.gov/)

P and G Dental ResourceNET -
www.dentalcare.com/drn.htm

Nebraska Health and Human Services System
301 Centennial Mall South, Third Floor,
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Lincoln, NE 68509

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